

Meals On Wheels Delaware

Special Delivery
Featuring exciting news
& upcoming events!



Winter 2011

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Adopt A Senior

For most of us, the right time to eat is when we are hungry ... for others, it's when they have something to eat

Like clockwork, our stomachs tell us when it's time to eat breakfast, lunch or dinner. Try to imagine not knowing when you'll be able to eat your next meal. For a growing number of seniors in Delaware, hunger is not just a passing feeling ... instead it is a daily reality.

At Meals On Wheels Delaware, we strive to feed every hungry homebound senior in Delaware. Last year over 600,000 meals were delivered to homebound seniors by our caring volunteers. It's time to conquer hunger.

Please give generously.

Visit www.mealsonwheelsde.org or call (800) 626-3257 for more information on our Adopt A Senior Program.

A Special Thanks!

Meals On Wheels Delaware would like to thank all of our donors for their continuous support. You are truly making a difference for homebound seniors throughout Delaware!



Meals On Wheels Delaware Upcoming Events

Meals From The Masters

Evening With the Masters

April 15, 2011
6:00 PM to 10:30 PM
at the Chase Center in
Wilmington, DE

Tickets are \$75 per person

Delicious food presented by over 40 local and regional restaurants. Includes wine, beer, specialty cocktails, a silent auction and live music!

Cellar Masters' Wine Auction

April 15, 2011
6:30 PM to 10:00 PM
at the Chase Center in
Wilmington, DE

Fine wines, rare beers and spirits!

Tickets are \$100 per person and include entry to Evening With The Masters

Celebrity Chefs' Brunch

April 17, 2011
10:00 AM to 1:30 PM
at Bank of America in
Wilmington, DE

Tickets are \$175 per person

Cuisine by more than 30 national and international chefs. Fine wine and spirits, live music and an exciting silent auction!

Save the Dates!

Denim & Diamonds

September 10, 2011
6pm to 10:00 pm
at the Delaware Agricultural Museum
in Dover, DE

Live music by The Funsters!

Celebrity Chefs' Beach Brunch

October 2, 2011
at the Rusty Rudder
in Dewey Beach, DE

Live auction and music!

Stock Up For Seniors

December 9, 2011
at the Emile Henry Warehouse
in New Castle, DE

Purchase some of the best cookware around!

- 15** April, Evening With The Masters and Cellar Masters' Wine Auction
- 17** April, Celebrity Chefs' Brunch
- 10** September, Denim & Diamonds
- 2** October, Celebrity Chef's Beach Brunch

For more information, visit www.mealsonwheelsde.org



Wendy Shahwan: Volunteerism at its Greatest

Wendy Shahwan, a Business Planning Liaison for AstraZeneca Pharmaceuticals, is the coordinator behind the company's volunteer efforts for Meals On Wheels. She has been with the company for about ten years and setting up volunteer efforts ever since her work began at AZ. Her position within the company has changed since she first started, yet she still wants to keep coordinating the schedules and volunteers. She now has it down to a specific system where she sends out yearly delivery schedules, then monthly reminders. AstraZeneca volunteers consist of current and retired employees who donate their lunch break time to deliver hot meals to homebound seniors within Delaware. Wendy, herself, fills in the where needed to deliver meals when others can't. The routes vary from week to week, sometimes driving the same route for two weeks and other times, the delivery route is different each day.

When Wendy first started delivering meals, she drove a yellow mustang which the meal recipients began to recognize her by and they knew she was coming to see them. She began to realize that delivering the meals was much more than just volunteering. Wendy began to form relationships with the seniors and to genuinely care for their well-being. One of her favorite meal recipients was a Delaware senior who prided himself on his beautiful greenhouse filled with orchids. This senior and Wendy became great friends up until his recent death. Wendy, who is getting married this summer, still wants him to be a part of her special day. In his honor, she will be including orchids in her bouquet. Wendy's fiancée has first-hand experience when it comes to her love for others. Another Delaware senior she was delivering to wasn't answering his door. Wendy proceeded to call him until she learned that he had fallen and was

assured that help was on the way. The fallen senior told Wendy that she could leave, but she refused to leave him alone. Wendy was so concerned about his well-being that instead of going out with her fiancée on their second date, they spent the evening visiting him in the hospital.

Wendy's love for others is pure and true. She, along with many others, is a perfect example of the volunteers that help deliver meals for the Meals On Wheels program in Delaware. Her genuine care for others goes above and beyond expectations. Meals On Wheels Delaware could not be more proud to have someone of her caliber on our team.

If you or someone you know is interested in volunteering, here is a list of our agencies to contact:

Kent County
(302) 734-1200

Sussex County
(302) 856-5187

Lewes/ Rehoboth
(302) 645-7449

New Castle County
(302) 421-3733

City of Newark
(302) 737-5747

Meals On Wheels Delaware

MOWD Mission Statement

The mission of Meals On Wheels Delaware is to raise private funds for allocation to member agencies with meal delivery programs.

By providing both financial and human resources, we will ensure uninterrupted delivery of meals to senior Delawareans in the comfort of their homes.

Guiding Principles

- We acknowledge our member agencies as partners in a shared endeavor.
- We will conduct statewide fundraising activities to engage members of the community in supporting our mission.
- We will actively seek to increase public awareness and promote volunteer support of member agencies' meal delivery programs throughout Delaware.
- We will involve member agencies in our fundraising events in their local communities
- We will assist member agencies with other costs associated with production, storage and delivery of meals consistent with our mission and allocation guidelines.

Thank you to our 2011 Marquee Sponsors for this year's Meals From The Masters!

Bank of America



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Looking to Volunteer? Look No Further!

Our Meals On Wheels Delaware office is always looking for eager, new volunteers. If this sounds like you, please call and ask for Jenna.

(800) 626-3257

100 West 10th Street, Suite 207

Wilmington, DE 19801

mealsonwheelsde.org